



The City of Lynwood 2017

# WEIGHT LOSS CHALLENGE



If you lose... you win!

Parks  
Make  
Life  
Better!



STARTS JAN. 21 AT  
BURKE-HAM PARK  
11832 Atlantic Avenue  
(At Agnes Street)

## Join the Weight Loss Challenge:

- A Chance to Win Cash Prizes
- Workout Classes
- Weekly Prize Drawings
- A Fun, Team Experience
- A Chance to Get In Shape for 2017!
- \$100/Team (4 Adults/Team)
- 12-Week, Healthy Weight Loss Contest
- Mandatory Weigh-in every Saturday at Burke-Ham Park (*Rain or Shine*)
- Registration & First Weigh-in: Saturday, January 21, 2017 @ 7:00 a.m. to 11:00 a.m.

Early Registration at Lynwood Community Center  
11301 Bullis Road, Lynwood, California 90262



Follow us on  
**Twitter @LynwoodParks**

For More Information Call (310) 603-0220, Ext. 319 or Email: [recinfo@lynwood.ca.us](mailto:recinfo@lynwood.ca.us)